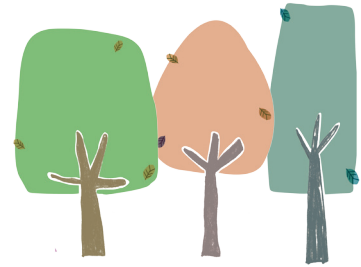


# Forest of Dreams

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Promoting aspirational thinking, this activity is a great way of supporting your pupils in thinking about and articulating their hopes and dreams for the future.

Year Groups: Reception, Year 1, P1, P2

Outcome: Promotion of aspirational thinking

Preparation: Print copies of the Trees – on card (one per pupil)

Instructions:

1. Explain to the pupils that they are going to be thinking about something they hope for from the future. It's up to you how far ahead you would like them to think but it will help if you provide a framework for their thinking – something to do with friendships, perhaps, or relating to particular skills they want to develop or hone.
2. Tell the pupils to discuss their hopes and dreams in pairs, jotting their ideas down on rough paper (in words and/or images).
3. Tell them that they must now pick one of their ideas – one that is achievable. They should discuss with their tables what they could do to nurture this hope and make it come true – again jotting their ideas down, before picking one strategy (which must be realistic).
4. Hand out the printed Trees, one per pupil. Give pupils a set amount of time to use one side of their Tree to illustrate the hope they have chosen – and the other to illustrate the route to achieving it. Where the meaning is not completely clear, you might want to add a few words!
5. Share everyone's ideas – and display the cut-out Trees. At its simplest and easiest, you might simply pin the Trees to a display board – but you could also attach the trees to lolly sticks and fill a seed tray with soil, with each pupil planting their tree in it, to create a class Forest of Dreams!

